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## Cultural Perception of Breast-feeding \*

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*\*From the Article “Kültürlere göre emzirmeye yaklaşım/Breastfeeding approaches according to cultural concepts,” for English indication, not direct translation.*

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*Human being, even the person who lives alone at an isolated place, thus, have a connection with community, even once a year at festivals or so on. Even for each week, a close togetherness by praying on Friday is having to noticed. Today phone, media is easy to connect.*

*For each get together meetings, cultural perspectives<sup>1</sup>, but at humanity considerations, regulations are sure to perform. Respect as being a Homo sapiens, sapiens, at freedom, liberty as unique, sole, and special position, and be at brotherhood relation. But according to the cultural perspective, grouping, classification, discrepancy, and other differentiation confirmed, and turning the basic rights to upside down.*

*Each person as a group, clan, assuming of gaining a social power, even not at righteous route, being on top of people is most decisional concept. High Technology Culture, even at Globalization, at the manager side, ideas, decisions be essential to be at top, being as manager. Other person be below, uncivilized, retarded ones.*

*Each culture, as a being consideration, the presence being at this culture, have to performed. Civil Liberties must be stricter, but at coming cultural models, individual rights are premium and not doing any harm is essential as ethical principle.*

*Legitimate is also in influenced or structured from Cultural parameters<sup>1</sup>, so, being in regulations, restricted the personal behaviour, attitudes and thoughts. So, being free, being as soul free, and believing as free, thoughts, ideas as free, is the individual concepts as have to be.*

**A**s a concept of breastfeeding taken in consideration than mother's milk. It is more than feeding, as nutritional state, a love, a humanity consideration taken as a first step at life.

At breastfeeding, micro elements, enzymes, and stem cells taken in notice, thus it destroyed at mother's milk concept. So social, cultural looking at the breastfeeding evaluated at this Article.

At American regulations, breastfeeding not allowed, thus, on 10<sup>th</sup> June 2014, it is liberated<sup>2</sup>. In Turkey not such regulations and law required. Every place be free for breastfeeding. If someone is looking and examining the breastfeeding mothers, this is impossible for feeding. Breastfeeding considered as civil liberties and Human Rights<sup>2</sup>.

#### Outline

##### Perception of Breast-feeding according to the cultural parameters

**AIM:** Mother and breastfeeding is the two concepts, representative together with. Thus, cultures surrogated this creational status, and be as negative by indicating positive, and positive by negative incomes, as controversy. Thus, connected at the religion, so confusing the conception, natural application. So, this Article evaluated these at cultural perspective.

**Grounding Aspects:** From the eight constraints, at Güvenç suggestions, for the cultural standpoint. Quran warnings and internet indications evaluated.

**Introduction:** This article not at breastfeeding and techniques about it. General perception about the process, at the Cultural contemplation. This is not being as true or false, the Author's thoughts, views.

**Notions:** Even informed consent is the factor, for breastfeeding, not any oppression applied. If in pressure, the rejection of the baby encountered. The educators therefore medial education at ethical consideration be known and functional.

**Conclusion:** The mother at nature be giving breastfeeding, so it is united concept, letting as routine natural way, being successful, thus it means at least 6 months be only at breastfeeding.

**Key Words:** Mother and breastfeeding, cultural aspects on breastfeeding

#### Özet

##### Kültüre Göre Emzirmeye Yaklaşım

**Amaç:** Anne ve emzirme yaratılışın bir bütünleşen boyutudur, buna karşın, kültürlere çeşitli algılar ve yönlendirme ile bu doğal yapıyı sorgulamaktadırlar. Olumlu yaklaşım adı altına, zorlama ile vaz geçirme, olumsuz yargı ile tersi davranışlar olduğu, konu ile dinsel temaların vurgulandığı dikkate alınarak kültürlerin bakış temelinde emzirme irdelenmiştir.

**Dayanaklar/Kaynaklar:** 8 öğeler, Güvenç'in Kültürel bakış tanımlaması ile değerlendirme yapılmış, Kuran temelinde ve İnternet ile olaya katkılar sağlanmıştır.

**Giriş, Tanım:** Bu Makale emzirme ve emzirme tekniklerini içermemekte, genel insanların kültürel algılarından söz edilmektedir. Doğru veya yanlış değil, Yazarın görüşleri altında sunulmaktadır.

**Sonuç:** İnsan, anne birey olarak rıza şartı ile emzirmesi söz konusu olsa da birçok baskı ve etkileşimler olduğu görülmektedir. Uyarma bile anlam olarak bilgilendirme olduğu dikkatlerden kaçmamalıdır.

Emzirme de başarı, en az 6 ay tek başına anne sütü almasını sağlamak olduğu unutulmamalıdır.

**Yorum:** Anne olan, annelik kavramını taşıyan kişi zaten emzirmeyi öngörür, bunu düşünmeyene de zaten zorlama ters tepebilir, bebeğin reddine kadar gidebilecek boyuta gelinebilir. Bu açıdan emzirme konusunda uzmanlaşan kişiler, mutlaka genel etik yaklaşımlar içinde olmalıdırlar.

**Anahtar Kelimeler:** Anne, emzirme ve kültürel emzirme algıları

## Introduction

When asking a mother, about their decision on breastfeeding, mostly indicated the cultural perspective. As specified from a mother, thus, her infant had bottle milk induced problems;

constipation, and soft stool, itching and eczema type problems. Her condition has been healthy. The respond was interesting, so I have taken below.

Mother *"Why I should give my milk, as breastfeeding? Manager's daughter, and riches one at this Village. Other person gives, if have cow and sheep, gives their milk, if poor, only they will give mothers milk. Write an expensive one, so I will buy and give."* Reply, *"Thus your infant had some problems, thus the breast feeding has any?"* The answer was important; *"Because they are close with microbes, so they will not be getting disease, because of mother's milk."* By adding *"if I will give my milk as breastfeeding, I am going to lose my social status, not saying after me, the manager daughter is giving her milk."* Thus, as noticed, *"But, other women can feed my baby, she can be a breast feeder, so, I can pay to her."*

The only way that I can performed, giving the mother's milk as a medicine, by plastic injectors. As when searching at the internet, there are lot about the side effect of milk, even harm to drink suggestions, so they might be a reasoning to replacing it to mother's milk.

If any questions done, then the mother will not ask the questions, so cannot take the answers, only from old women and influenced at cultural perspective.

## Cultural Evaluation

Science, at Medical Scientific evidence, breastfeeding advantage and ideal nutritional status are going to incredibly progress and an ideal factor for the newborn, thus the milk secretion is going to adapted to the infant status, as preterm, term, and day of birth, month period.

The main for the attitude of breastfeeding not as a reasoning and grounding science and benefit or so on, just the cultural concepts that forced people to obey and to following regulations.

When considering the unique perspective about the breast-feeding according to the cultural perspective as notified below. As an individual point of view, not a strict regulation, influenced at aspects. But at this Article, the borders are according at general rules of the cultures.

### Gathering, clan and group modelling Culture

First the capacity of an individual confirmed, so, the name even given upon such performance, after 20 years of age. Where the person being in positioning, as a soldier, teacher and be help to others.

Thus, as an example, Younus Emre<sup>4</sup>, a Turkish, philosopher, singer, as an epic history about him. Younus at old word as, *dove bird* in English, informed as a prophet behaviour. And meaning in Turkish Dictionary, lover, passion, friend, brother and as same as the behaviour and philosophy of the Emre.

For education purpose admitted to Taptug Madrasa, at the first day, he showed as reading Quran all, at three times. The Teachers asked whether decision the meaning or not. Next day, only the first line cannot be understandable, meaning as *"thanks to all the created, creational"* concept. Thus, how, when, and why considering. They confirmed, that, how passed the introducing, there is no idol, as the creator, Allah, not a God. He whispered, that he missed it.

The point, the level of given the education, upon the personal factors, not given a diploma is sufficient.

This specifies not a cumulative approach; personal confirmation status is the primary application reasoning.

In group, the names, which given, indicated the clan concept. One from grandfather or grandmother, the other from a station name, and last as usual the surname. The name given form old ones with the children as sibling, for accepting as they give the name. Close bonding with family and the group is essential, as from the first name signs.

As the author's name, directly form Grand-father's name.

### **1) Family:**

New generation is meaning to be confirming the continuing the existence, so, 1) Family first aim, to protect and care and serve the newborn infant, as breastfeeding is obligatory performed. Not any sense of duty given to mother, only affectionate her baby. 2) At large family consideration, old grandmothers be supervisor over the mother, regulate the breastfeeding performing. 3) Mother consent and demand is the primary selection, not for mothers' health be in danger, especially high society level be at this concept. Mother's milk given from another mother, twin breastfeeding application, not any genetic relation.

As an outline, all are receiving mother's milk, essential for healthy infant.

### **2) Cultural Sources, Art:**

Mother if have any time, being contribute the family functions, mostly be at an art, about baby dress, shoes, or others. The symbols and signs designated at the dress, color, symbol or such parameters, as a cultural symbols.

A newborn be a sign of the new member of the community.

For football team, the color, yellow, red, another team as yellow-navy blue, so, accepting yellow, be suitable to the color to the community. symbols be old, thus, if remembered as an indication, it is still living at this clan.

As found curved symbols on rocks in Ankara, Gdl, 80 Kms be nearby, about 552AC, thus, not any indication in history about Turkish communities. Same shapes, same symbols, unique and sole, so identified the group origin, from Central Asia. Other cultural concepts are similar.

At birth, the community be making holy considerations for the newborn; baptism, reading Quran verse to the ear, so on. Newborn infant must be a resembled the community, so blessed.

Breastfeeding is also a genetic massage transferring, not only a nutritional factor. Mother's milk is also a blessing one, a brief altruistic act.

### **3) Environment:**

The extinct of a Homo sapiens, sapiens is not an expectancy, thus be live at safe place, moved if any danger, and adapted to the unique environment. 170-200 thousand years before Christ, first genetic evidence, as RNA, from mother gene, in Africa, Nile Valley. Being in Africa 70-100thousand years, thus the 4<sup>th</sup> warming of the Earth, at 25,000yearsBC, so, the ice turned to water, melted, and the Mediterranean was below 260meters the sea level, as the Gibraltar opened, and Mediterranean filled with sea water, the Black-Sea had a connection to Aegean Sea. Sahara returned to desert, so, Human being was immigrant to the World by three ways; a) From, Caucasian to Asia, b) Mediterranean from Anatolia, c) From Arabia, to China, Indonesia. As brotherhood relation is genetically true, as proved from Covid, same RNA origin.

If be considering enemy for the others, fighting disturbed the community. So, agreement is the factor for their unification.

As Central Asia gathering communities, Clans, as considering Turk, cannot identified, and destroyed, because of their mobility and their warrior concept, so being even a relation confirmation, a great Emperor Sates noticed.

Not for destruction, thus, be conserving their cultural parameters, be at the community.

For settlement, the summer and winter places are different, at Ottoman, Sogut and Domanic are the name of the places.

As now in Syria, the gathering communities, clans, to survive, left their places, home to Turkey, as an immigrant, for establishing a different culture structure, so, must be adapted.

As a fighting ability gained at such community, thus not fight to Turkish Army, be with them, 45,000-60,000 trained soldiers only 3500 person making fighting to Turkish Army.

For healthy newborn, as mammals have the fact of breastfeeding, this function is vital important for healthy status. At immigrant and gathering culture, to be safe and alive, it is the only and best choice for being. The community taken in cover and protection of the mother, who is feeding their infant, as breastfeeding, not be considering as sexual parameter.

#### 4) Education:

Breastfeeding function education performed from old, previous mother, breastfed ones. They are making a team, for successful breastfeeding.

In case of problems, more advising and consultation done. Physicians be last adviser position. Therefore, more expert position be at such problems. This designates the Medical Education given from the first year of a person, at Pediatric is not satisfactory.

Each education be for gaining practice, applicational status, so, unsuccessful result cannot be acceptable, more expert opinion taken. Failing means to the clan group, so advanced aspects required, as breast pump facilities.

Physician even not be effective at the beginning of breast aspiration from pump, needs to be an expertise.

The result is important, so, must take advice, practices evaluated precisely.

#### 5) Managing Aspects; Religion/Government/Law:

Believing as a holly and more advisable concept at the life of a community. At Quran<sup>3,4</sup> (2/233: *For completing the breastfeeding of the mother, up to two years they can perform, thus, the feeding and coverings being according to the customs, to the father. Nobody can force over their capacity, thus, no one, mother for their child, father for their child be under maltreatment. Heir be according to the rights; same principles applied. If the mother and father, altogether want to wean from breastfeeding, not any punishment, crime accusation. If demanding wet-nurse, foster mother for breastfeeding, as paid the function fee, due to the custom values. Be afraid and care from the Creation, the actions being according to the creation conception.*), these suggestions directly given, as a principal consideration.

#### Comments:

- **Continuing the breastfeeding be under their consent, if wanted information given:** Not any oppression, under benefit concept even consent required. This will be information given, and approved aspect. At Gathering Culture, genetic message be carrying by mother's milk, thus marriage be stricter at the milk brother/sister, being not any oppression and noted the name and reasoning for feeding by liberty decision. As a physician, community decision be under control of old mothers.'
- **For two years breastfeeding allowed:** This is the wide range, means, not a brief time feeding, breastfeeding is a long-time process. Independent perception of a child, from 2-5 years, but at the second months, noticed the nipple. So, this duration has no harmful act. In general, not the minimum, the maximum limit directed, for community consideration, adaptation and acceptance, the wide range be more helpful.
- **Supplying the food and other requirements of mother is essential aspects:** Government also paid fee to the mother, directly for supportive measures. Mother must not work for daily income. Hospitals as noted "Baby Friendly Hospitals" and regulation by legal issue, let to be more helpful to mother. In clan culture, this designation by the common sense.
- **The regulations established according to the cultural concepts** directs as the community accepted this submission. Most the clan culture not let the mother be in consideration, thus, by such aspect, mother decision taken as the primum contemplation. In Agriculture perspective, tradition is important, thus at the custom, mother's decision put as a verdict. In Industry Culture, the working firm, the boss, the manager, finance decision taken as important, thus at law it directed and paid the recompence by government. So, mother decision being in consideration. At High Technology Culture, according to Medial Science

evidence, it is obvious, so a notification mentioned as “*if the mother’s milk is insufficient,*” then the formula be in deliberation. Civil Liberties, given the information, let the mother choose.

America let the breastfeeding done by law, in 2014. In Turkey there is not any law, thus not required to have a permission by law, natural and creational right.

- **Not demand any effort, over their capacity:** From pregnancy, preparing for the breastfeeding is essential. So, a physician being examine and noted about the health and condition. At Gathering Culture; the mother be at the utmost effort for healthy children, so not considering the limit. At Agriculture, traditions noticed, given tolerance or not. At Industry Culture; whether loosing job or not, according to the institution, fabric manager decision. At High Technology, Globalization Culture; today breastfeeding taken in forward, 10 or more years before, at past, formula-based feeding is in consideration. At Civil Liberties Culture, mother decision taken in notice, not any force, not any oppression.
- **The child must not cause any maltreatment to family, to the mother:** A child means the new generation of the community, so be serve and protected, even by governmental consideration, even it is from non-legal relation, illegitimate. At Gathering Culture, not be acceptable, so sentenced to another community, left alone, therefore special precautions done. At Agriculture, they will specially collect and not mixed with the community. At Industry Culture, government taken care of them, separated from the family. At High Technology, Globalization Culture; lives alone with father or mother. At Civil Liberties Culture; same behavior taken in notice with other children.
- **To have a child is not obligation:** To have a child, being pregnant and breastfeeding is not obligative acts, upon demand, wishes. Forced pregnancy is criminal act, government can take care of the child.
- **There is not only one way, method at the creational concept, alternatives noticed:** Breastfeeding or not, as not a solutional way. Breast pumping, mixed nutritional stages, wet nursing, sharing the breast, re-lactation be in consideration. If have any financial rights, it must pay, according to the custom, the regulations.
- **Not reasoning and grounding against the creational aspects:** As nursing, be giving genetic codes to infant by breastfeeding, so, not be a sexual partner afterwards. This can note and informed, so, not be any problem. If mentioned this aspect as a degeneration of the generations, it is against the creation and against the community consideration.
- **Precautions and information started to give and practice for gaining be before the pregnancy, as a routine education, especially at Medicine, by baby doll models:** Education and gaining practice of breastfeeding is essential. Even for male physician, if knows best, influenced more than the female physician.
- **The aiming perspective for the breastfeeding is benefit, at double sided; mother and infant, goodness, humanity, and altruistic model as appreciations to the creation:** Feeling happiness be an endogenous production for leading Nirvana, and be a humanistic concept, as a symbol of the Universe.

#### In Outlined Notions:

- **Breastfeeding is over the creation because it is a factor of humanity:** Healthy is not only meaning as body, physical health. Soul, physiological healthy and cultural, social healthy state is also important. The main concept not treatment, first prevention and also for health care and serve the person. Individual be ready and prepare for healthiness. If you give first colostrum to the animals, they will survive, not given prone to death, more than be infected, thus they live in macrobiotic condition. So, Microbiomes given to infant, for making natural flora of the intestine, this means, given yogurt to mother, and breastfeeding, not directly to infant, except conditional states.

At Gathering Culture, newborn is important for the future of the community. At Christianity, even sperm and ovum are for new generation, masturbation not accepted, so sperm saved. Two child is continuing the same population, so, at least three or more children advised. In Turkey, in East, 5,2 the children ration in West 3,1, thus after 1990's it is at 2,3 to 1,4 ratio. Because of the Neonatology and reducing the mortality form seventy-five in thousand to 11,2 per thousand live births for the first-year statistics. So, if the infant is not death, means not more pregnancy. Breastfeeding is also contributed to first-year death reduction.

At Agriculture, the child be also an important one, thus must ve in healthy condition. Same notification noticed at this Culture. Thus, the migration, moving to great cities be the reasoning of reduction of the population. The alive inhabitants are mostly old and not fertile ones. As an example, Knidos City, more than 140thousand population, by changing the marketing way, the city emptied, and due to the time limit, it must not mend, so the city collapsed because of old houses. If there will not being a new generation, mother, the city has no future, as an indication.

At Industry Culture, the financial consideration mother must not lose their working time, so another person who care and serve their infant. In communities, mother taken care their infant with them, specific care units. being at the primum. At High Technology, Globalization Culture; euthanasia is in active status. At Civil Liberties Culture, each individual has Right to Live, so utmost care and serve performed, not in consideration the case and condition. Special formula base established; it is at top at High Technology Culture.

At High Technology Culture, there is sophisticated industry, so, in each conditions different formulas established. Special milk bottles and accessories, kind of breast pumps, thus, great industry for breastfeeding. Physicians learn this detailed information, so can answering the questions of the mother. Each one has a special advantage and disadvantage, so medical staff be in confirmation. Most expensive is not meaning the best, so mother's milk differential, variance notified.

At Civil Liberties Culture, Mother is the only one who is the selection performed. Informed consent is essential, so the medical staff be as a profession at breastfeeding, with expertise at application. This is at the pregnancy, before the birth. Not as yes or no, at times, at conditions given mother's milk, in combination of breastfeeding, bottle and by breast-pumping used.

- **Not any forceful acceptance, being informative consent is obligatory:** At Gathering Culture; for the sake of infant, breastfeeding is obligatory. At Agriculture, it differentiated according to the custom and social level. At Industry Culture, wet nursing and other care and serving person needed, not to lose the job. At High Technology, Globalization Culture; government taken in consideration, mostly formula based. At Civil Liberties Culture, breast feeding is the advising, thus by consent, demanding.

**The Constitutional Law of Turkey; Article 17<sup>9</sup>:** *“Each person is untouchable at their Rights: Everybody, right to live as objective and spiritual being, for protection, advancing, progression. Even for medical reasoning (Right to Life) and other legitimate perceptible exception, the body structure is not touchable, not any research or other medical studies, after informative consent taken.”* As in Eskişehir Osmangazi University Hospitals, for Ethical Committee grounding form<sup>10</sup>; Es-OGU Medical Faculty Clinical Drug Research Ethical Committee arrangement: **Illuminated informed and consent indications<sup>10</sup>: 2011** (References: a) Patient Rights Legal Indications, 19<sup>th</sup> August 2011, no: 28030 indications, b) Explanation taken from **Explanatory Model** taken from Behrman, R.E. Kliegman, R.E. et all. Nelson Textbook of Pediatrics, 16th ed. W.B. Saunders Company, Philadelphia, 2000, page.10. Addition to this information, c) General ethical principles also included.



- **The duration is not minimum, as maximum consideration, so other supports be whether performed or not, taken in consideration at maximum duration:** Rights be at maximum level, not evaluated the case, considering as based, routine humanistic Rights.
- **Given Civil Rights as naturally, be the aim of legal concept, supported by the common sense:** Human Rights as a natural right, being a person means earning the rights, from live birth. Breastfeeding is such a right to the infant; thus, mother's consent is essential. Information cannot as rule based, being explanatory, informative, relation with question and answering. Taken and considering as duty, an obligation, breastfeeding stopped or decided again, with professional medical physicians, what is the righteous.
- **Custom not for restriction, not active on crime, only at common behaviour and attitudes, as like ethical principles, all rights instinctively given:** At Turkish Penalty Code, Article 2: the measures, and social rearrangements, if not performed, it is not a crime, be only a fault act. If the reasoning for making harm according to the custom, the penalty increased the punishment.
- **Constitutional role as a natural duty to perform, thus not an obligation:** When taken as mother's role, breastfeeding is not an obligation, just given love only designated, thus for reasons, cultural and social ones not allowed mother to care and serve their infant, government can consider to the infant. If breastfeeding performed, not any role, act given to mother, except love attitudes to her infant.
- **Demanding can be according to their capacity and profession, and not any overloading concept can take as responsibility:** No one has right for questioning the mother, why not given, or why not forced to give the breastfeeding or mother's milk. Physician questions only to know, estimate the problem for solving them, appropriate to mother's attention. Not increasing the capacity, thus getting extra help for aid.
- **Oppression has not any reasoning factor, not acceptable, forbidden action:** At the Turkish Criminal Law<sup>11</sup>, Article 1: "*The reasoning of this Law, the save and care of the individual rights and liberty, save the common peace, and security, as legitimate governmental status, the common people health, and environment, by caring the community peace, prevention and protection from crime.*" Even an extra Article for the medical staff: Article 280. "*When preforming their medical duty, any indication, hint of criminal act, if not mentioned to the security person, or making any hesitations to inform, being arrested.*" This is a direct signal, whoever the person, who perform cruelty, force, accused by Law and if not informed, you have taken the responsibility too, as sharing the crime. Physicians' role is to save and protect all people not for healthy, thus for all criminal acts too, as a Humanity role fortification.
- **Responsibility is meaning according to the law and humanity in ethical consideration:** Taken life has not any grounding, only at the custom, thus it is also a crime, reasoning being increase the penalty. Homicide, even not a legal act, must stopped to perform, life is a condition if taken, not any way to given back. Breastfeeding is not such concept, as demanding act. Not being by law force. Medicine Education, this proficiency, application proficiency refined, even by doll models, so, if the teacher being a male, more sophisticated learning done. Technique is important.
- **Stopping and be making blockage to crime is the only one for forced to the personal act:** At noted at Turkish Constitutional Law, Article 17: "*for medical reasoning (Right to Life) and other legitimate perceptive exception*" thus, the body structure is not touchable. Even at the Turkish Penalty Code, Article 1: "*protection and for preventing crime*" is the only factor for in application to a person without any consent. Each person is at liberty and under their responsibility, so not any application to them, thus harm to other not allowed action, so preventing not at fighting concept can applied. Even police officer not directly shoot, first warning, later to the air, and third to legs, not aiming for killing.



- **There will be no reasoning and grounding for harm:** Breastfeeding is as won to win concept, no one has any difficulties or any problem to give/take. Even at obstruction or agenesis at the esophagus, Trachea esophageal atresia, so, forcing means, aspiration. Thus, when the milk is coming and as mucoid, bubbles, direct indication of operation, this is a pouch at esophagus. Why, When, Where, Who and What is the problem be the way of finding the problem, by asking questions.
- **If the action is not criminal, means not considering harm, let it will do, due to the personal behaviour and attitude:** Advertisements, financial commercial notifications, not designated as Medical Science, all are Placebo effect consideration, not statistical scientific evidence, just a particular thought. If not making harm, not needed to be against of them, because of personal and cultural perception.
- **Living on value, as each person is value, so not in consideration of the discrimination of the values:** Humanity is being on ethical consideration at civilized condition, in peace. Therefore, breastfeeding is the first lesson at ethical aspects. Supporting aspects be not causing any harm, especially the plants bring the harmful microorganism, microbiomes taken as yogurt or so on.
- **The creation will not ground on fear, precautions be essential, expert opinion at medicine is righteous to concern:** There are notification at knowledge, so, the best noted according to the case and condition related. At Gathering Culture, only health infant let to live, so, icy water washing performed, for passing hypothermia, as not allowed to live preterm babies. At Agriculture, the regulations about the healthy or not if handicap infant not allowed to live. At Industry Culture; the financial consideration being at the primum. At High Technology, Globalization Culture; euthanasia is in active status. At Civil Liberties Culture, each individual has Right to Live, so utmost care and serve performed, not in consideration the case and condition. Not be in fear, do, what needed and required.
- **The important aspect is, being on humanity and love contemplation:** Breastfeeding and mother's milk as nutritional aspect, not just giving food for growth, for humanistic and community development perspective. The more fragile point is the mother that feeds the infant by breastfeeding, so care and serve are essential
- **The applications be suitable to the creation of the case and condition:** Ideal consideration is not for Human being, just the application ve fit the case, physician must be making the tailoring of the medicine to the mother and infant.

Clan Culture being acceptable with the family structure consideration, if contrary, must find another place for settlement. Therefore, balancing required, with the person and community, so, community meetings, as democracy and managing is particularly important for the adaptation.

Consent is therefore especially important, so, information and relation are particularly important.

In order to overcome conflicts, even at breastfeeding application, person, profession about this concept be helpful to mother. Mostly a holly concept, mother's milk, the satisfactory nutritional status is functional by this expert. Thus, social status indicates to give formula foods, mother is in press. Therefore, for my application, mother's milk given as a medicinal drug. Formula reduced into drops, given by syringe. Mostly not specified to the physician, not allowed any other food supply. Thus, if it is considered as informed consent, so, mother can briefly designate using formula based infant foods. Physician must find a solution, if not allowed to talk, mother can show false concepts.

**In General:** At Gathering Culture, forcing for breastfeeding is losing the manager role, so, the common sense, try to understand or confirm the reasoning not to given. Health must be the only

way to follow, diseased and handicap per not be a selection for clan, “*the only healthy ones for us, with us*” is the subject. Letting to die concept is the factor, not euthanasia in deliberation. At Agriculture, the custom is the factor, so, if not healthy being at another social class, beggar, drifter role given to them. At Industry Culture; the euthanasia being in consideration. the physician and mother direct taken the responsibility At High Technology, Globalization Culture; euthanasia verdict taken from ethical committees, thus, not any exception, given to all who wanted to do, as Right to Honor of a person. At Civil Liberties Culture, each individual has Right to Live, so euthanasia cannot be in consideration. Patient can reject the medication, which is the only right of the person.

**Marketing:** At Gathering Culture, the payments not in any money so, by changing the goods to goods, as by acceptance of the people. As for payment of Mother’s milk, wet nursing, and breastfeeding, not as money payment, close relatives given as breastfeeding, families as in connection. This means, the families be related to same mother’s milk taken children, not allowed to marry so on.

**6) Individual, as a personal factor:**

Each cultural basic subject is the person, so, culture structured on people. Mother as primary for the origin of the generations, thus, father only gives genetic codes. Thus, families not wanted to have a child, as individual standpoint.

In general, the classification of the team, group encountered. As social class, upper, medium, and lower. Upper as manager, medium as office person, and the lower class be worker, hunter so on.

As noted, before, higher social class being as export special expensive foods, and medium animal milk, lower being giving as breastfeeding.

As when given a money, pregnancy, delivery, and breastfeeding be income, a profit at the community. Thus, be a sufficient, healthful status, without any working, reasonable custom.

**7) Health and healthy concept:**

Breastfeeding is directly correlated at health status of infants. Especially given of the colostrum is utmost important. At 1-2 weeks, leads to months, so be at 6 months at least be a healthy status warranty.

Not mixed any product, even water. Mother must drink the water, so secretion is satisfactory for the infant.

When in migration, mother carried with the infant, not walked, keep at a safe place.

**8) Technology, considering and using the technology:** Technology in general meaning.

The technology main consideration to people at safe and healthy. Group be present under the individual, so, education and grouping at the proficiency of the person.

Even at the football team, the most important is the player, so, attention to them.

Economics is not meaning the cheap one, effective, efficient, eligibility and be resulting happiness, thus, all at one, breastfeeding, ideal one in every manner, for each individual, infant as differentiated by the mother.

Social factor also indicated, breastfeeding infant controlling themselves their demand and ending the feeding. Bottle fed one being over nutritional status and obesity is obvious for them.

Gathering Culture, obesity is hard at the functioning, so, requires more food and inactive, not so help the community.

**Agriculture**

When gathering Culture settled, forming a city, for defending city walls, for culture saving regulations, and each person and family have a position as duty, social super level for administration, middle for office, below for worker and agriculture. Old ones are regulation an

confirming the rules, Legal applications are due to the social status. Upper class as untouchable situations, like member of Parliament today, second class only paying fine, thus lower class be body punished. Today, if immigrant, due to war or for working, like Turkish Workers at Germany, Agriculture positioning returns to Gathering Culture Model.

Most believes changed according to the City Culture models, as Christianity, leading with pope or priest, guiding the community, ordering, and as a Shepperd forwarding to Heaven. This like Iran/Catholic Christian ordering of papa/mullah ordering application. Yehuda's, mostly guiding customs, and in order of such situations, adultery punishment with stones, from them to transferred to Arabic model, not in Islam. Seljuk, Ottoman and in Turkey, free decision and making law, not from Sharia orders, such guiding the community from law, not grounding such origin. O, from time to time, people differentiated the religion, from origin written to personal ideas, decision, as sect a fraction.

Richet's, at old times indicated as the British physical factor.

Even supportive measurements at breastfeeding, ideas, fractions as designating not to perform. Thus, in general advisable only by consent.

So, a physician must first learn the attitude of the community, later overcome as a medical drug at mother's milk, or supportive their attitude for giving.

### 1) Family:

Family structure as great family. First settlements are making building at a great area, later comings and their children be married and be making a new house. So, in Turkish marriage meaning is making a house, home. So, the verdict be gotten together, concerning together with.

Each unit be unique position, thus be mostly eating being for together. Even a room has place of washing, cooking and storage for food and bed so on. Thus, each room is a unit.

In Turkish, not any diversity or special rights, children have primum choice, regulation from oldest one, as male action. Male at Arabic, Female in Turkey. Only two conditions man walks at front: entering the dark and stepping upwards. Man is guiding, protecting and serve, care, so at back most easily performed. Sharing controlling the food, from oldest, first to children, later to females, if mother, taken the first line. Thus, at pregnancy, double life, so must eat double.

Mother who gives breastfeeding separated, and always ready for food, thus mostly watery and water supply. Obesity encountered problem, as notification of female God, Goddess, Kybele.

Primary, the God figure is female, later to male as patronage, so, sharing the functioning as God, Holy soul, and a Human being as prophet, and the fourth the people. But creation cannot support this fact, directly creation, creator, and the created ones, us, the Human being, and others. *God is Love* (Bible 1 John) indicates as we cannot separated to ourselves from the creation and love is the factor inside us. Allah is not God, as not objective idol, Creator.

Whitening the hair is a sign of holly effects, so their ideas taken in notice.

In Central America, the manager genetic coding has alopecia, so, when the European came with blond-haired person, so, they assume them as holly, not fight to them. Most American community destroyed by contagious diseases as smallpox, spreader by the Europeans, with vaccinated people, as a humanity gift sending clothes and blanket to the families.

### 2) Cultural Sources, Art:

Person must adapt to the common regulation. Duties for being a perfect citizen. Sacrifice yourself for the community is the aim. As a sign and symbol taken at top, admirable one, used at every function.

Each family has a sign, thus at this Culture it must united with the general cultural aspects.

Breast feeding is a cultural sign, thus due to the social status, given or not or wet nursing performed even by paying the fee.

There are traditions, for increasing the mother's milk, so, each mother must drink it. symbols carried for protection of Satan acts. As in a family, grandmother forced to drink linden, so, I advised to drink mother, not the child, as an agreement.

If the traditional advice is statistical importance, it can notice at medical literature.

Each culture has application, so not assume there is not any, so learn it, and adapted the process into medical benefit, submission.

### 3) Environment:

If you have a problem about breastfeeding, the community has solutions, not as medical or scientific, as a solution given. magic applications and holly words. As when read the words, mostly Arabic or Latin, like Quran verse; 1/1-7, "*pray only to God, only Creator, creation has not any given extra advantage*". We evaluated and got a good, perfect result is the answering, not as who, whom and statistics, only subjective suggestion, thus not known who it is.

In Denizli, settlements: 1) Colesea, for widely seated as home, with great city walls at top (Honas), 2) Aphrodisias for art and constructional concept, with walls for protection, 3) Tripolis, with three city walls, for carpet and wool clothing's, 4) Laodicea, for finance and official management, also with walls, 5) Heraclea, for textile works, 6) Hierapolis, holly Phys-treatment and cemetery, so on. The great city walls, are for protection of the city, form other cities at Denizli. For protection themselves, it is essential. Like football teams, they played together, thus behave like enemy for each.

Mother with an infant is not a sexual object, as holly one. Breastfeeding therefore most acceptable one, untouchable rights.

For breastfeeding there must be a suitable place, as sitting on rocking chair. Water for drinking, care the infant, change the diaper, toilette and sanitation facilities be obligatory obtained. Most Cultures give sweet for drink, as routine be watery foods, like ayran, watery yogurt.

At familiar places, at voyage, special places mostly arranged.

A shield covering the head be enough to cover the breast, when breastfeeding, and stricter not to look at them and punished, by common attitude.

### 4) Education:

Learning the procedures as a duty, and homework to do. Being effective and establishing new aspects expected from the high education, diploma taken ones, as a consultant, thus obeying the common sense.

For practice special education and certification must take. Be suitable your social status, if farming, not learning official ones, as writing, reading, at high society, learning managing.

Breastfeeding education only for mothers, others not being in learning. If not known, not make any comment, any discussion. As swaddling clothes, bundle of clothes as in cold places arrangement, mostly physician against about it, so, mother find a solution, going to physician changing the dress, at home, under supervision of grandmother, put in bundles. Therefore, medical staff must learn the reality, and find an innovative solution, as false bundle of clothes. One of traditional application to infant is, giving sweet water to the infant. Being against is not efficient, so, as a microbiome, and for mother can be a solution.

In one application, talk is using for cleaning diaper. In one example, they indicated, it taken from Italy as a gift, so I must use it. As abundant putting talk and later cleaned so, it made residue, so mixing with urine and forming a plaque. So, using cream be best for the solution. Thus, the Italian talk given to another as a gift.

### 5) Managing Aspects; Religion/Government/Law:

Believes mostly changed, adapted to the common sense. Differentiated and degenerated according to the adapted social system. Mostly praying as save and care our city from the enemies. Presence being as a conquest, success, not at peace, being at victory, so city walls are essential.

Marriage must be according to social status and cultural similarities. Each culture making addition to the reality, degeneration the meaning. As looking positive thus by signifying like but, thus, so contrary message is making.

Indication from Quran thus late adding but, and counter concept is signifying. After Prophet death, over 70 years later, in Karbala, killed the grandson of Muhammed, by indicated Islam was death, cancelled 622AC Medina Agreement<sup>12</sup> and Quran advice, a new regulative believe be active. By making the Muhammed as holly person, separated from Quran and construction a new system. Obeying the rules, in Arabic Eslemna, cannot be meaning of believing to the creation, liberty, freedom is the first step to be a human, unique and sole person. After, eighty-two sect methods, 4 of them widely accepted, thus Quran indication, verse 30/32: *“The religion perception as separated in pieces, divided into groups, sects, not be with them. Each group be familiar and happy about themselves,”* not to be a separation, creation is sure and obvious.

Managing deliberation, authority, must get under themselves, religion, and other leader, managing ones.

Mostly words specified, thus not for understandable, by Arabic words, thus in Quran verse 17/106 indicated *“Thus, Quran is divided into chapters, so, you can be digested and be learned, comprehend, so, slowly, and by thinking reading and decided about it”*. The pray must have an action to do.

If the action is not be in accordance with the managing, the decision and evaluation diverted to the reality. Breastfeeding is also in that manner.

**Marketing:** At Agriculture, the payments be for gold or precious materials. So, not to carry money, as international perspective it can be more useful.

At the time of Roman Emperor, Hierapolis was one of the greatest one, from coast and seaside, the goods taken and making exchange with the caravan. As the King's Road started from this point to China. The importance, there are some observers, that configurate the standards of the goods, making some criteria.

#### **6) Individual, as a personal factor:**

Each person has a special position, and a principal factor at the culture. Thus, the position be according to their social status, but all be a soldier of the Cultural structure. Behave in order, not making any decision, in general.

For breastfeeding the mother united at this subject, be proud what to do, and be carry the function in honored way. If there are problems, the phycological condition is upside down.

In an example: Grandmother, forced to drink linden to the infant, thus father's mother not to drink, must consider the anise drink. The fact, they want to gain the supervision on the family, due to the cultural differences. As a physician, my advice, mother can drink this kind of tea, thus only by teaspoon, as a drug, placebo factor, not more. Infant can take it by Mother's milk. Being on Medical Science is the leading factor, that they accepted as a result of the decision.

If there is not harm, subjective reasoning cannot accept, thus, minimized the accomplishment.

Each person has a specialty, and overcome and be over to others, making patronage. To the mother is one of the easiest moments, so, by reasoning, not at medical practice and science, thus, being making frightened aspects and for benefit indication, thus all are placebo, not proved benefit, so, insisted to perform.

#### **7) Health and healthy concept:**

Each community be a placebo application, thus they will not blockage the medical treatment.

The meaning of placebo, the community given as the holy or magic factor, although not medical science signs, such as an epic history and special application according to the community consideration thought as effective. This only gives a time for patient waiting. At Hyperbilirubinemia, yellow coverage mostly used one. Such blue light be effective, by filtering the result as blue, thus not on light and sun, so effectivity cannot indicate.

Thus, drinking tea, making a communication, and talking, coffee for gossip and secret factors. The ingestion of caffeine is not so considerable dosage.

When a physician entered for injection of antibiotics, first perform the injection, later drink coffee, for estimated 20 minutes waiting for allergic conditions.

For mother milk, breastfeeding, washing the infant, other application, cleaning diaper, umbilical dressing, and other perspectives encountered.

#### **8) Technology, considering and using the technology:**

Individual power, hand duties are so much, for mother, the family consideration must cancel. Being like a princess and be safe and care.

Carrying the infant at back or in front mostly noticed. In break given the mother's milk, as not a good habit, not for mother, for another person. Share the job, let the mother be free.

The factor that, if the community considering as slave, this is normal, thus, today the civil liberties and Rights must give, as legal aspects.

As in Agriculture, breastfeeding mother is precious at the community, so, every door must be open for them.

Even for collection money, form beggar, carrying baby doll, thus, it is illegal and collected them from police or other governmental forces. This is even cheating about this concept is not an allowed one.

#### **Industry, Institution Culture**

As an indication of Capitalism and Communism as a symbol of this culture. People assuming a comfort and be in peace, thus, contrary in conflict of the social status.

The aim not for more and continuous breastfeeding, replacing of mother's milk, with another industrial ones, formula foods. Mother not feeling comfort, be in pressure of the advertisement and even information's.

The point if the mother makeup and evaluated the situation. Baby smelling when breastfeeding a special smell, when holding the nipple, oral, anal reflex is starting, extra air will discharge, and urination and defecation. So, the heat of the baby also makes mother so happy and secreted the happiness hormones; dopamine, endorphin, oxytocin, serotonin. This feeling made me as a pediatrician at the Medical Education.

Industrial philosophy does not support the breastfeeding concept. Love and respect be at industrial community are nonsense aspects. So, supportive and grounding to the benefit consideration mostly required form professional medical staff, specially educated at this subject.

The important problem, a physician as considering the body weight, increasing the gaining of the body so, obesity be an aiming target. Healthy means of course not be an obese one, even a child.

#### **1) Family:**

The structure of the family is core; father, mother, and child/children. So, mostly forced to have a child, thus not more than two. This is a stationary of the community, so even in Chine, form one child now to three children for increasing the general population.

Family forced to have children; a social pressure noticed.

Artificial fertilization and extra male and female donors noticed. This influenced the breastfeeding. Pregnancy desired at the family, although the origin from others. Even it is in secret, the child later by law, learned their genetic family, and problems noted.

Breast-feeding supported thus not as forced, family arrangement is the only factor, so, not a strong beginning for mother's milk. At High Technology Culture, each child noted from marketing offices, for breast-pump and other apparatus and medical aids.

In countries, child fund is making, others none, this is important for breastfeeding supporting.

## **2) Cultural Sources, Art:**

Direct institution's regulations are the references and performed. Physician role applied the textbook indications; thus, each person is differing and not at specific same condition and same diseases.

Breastfeeding mostly encountered as an art, be a relation on love and connection.

Thus, institutions may not be at the same conclusion, so, wanted to study, returned back the mother.

In culture person arranged for caring the baby, infant. Directly they have a connection, form family advice, and the infant left to care and serve to them.

The institution regulations are law concept to the person, so, must arrange, even before marriage and pregnant.

If a woman decided to have a child even want to marry, not be assistant at the Surgery Divisions.

Today, the one who gains the section, can start.

Therefore, art and love and respectful application is mostly advice for humanity consideration.

## **3) Environment:**

Environment and social group, their job, their fabric or working place. The financial consideration is important, so, family must find a wet-nurse or other woman to take care of their infant. Breast-feeding cannot continue, so, breast pump used, the mother's milk given later, and collected at deep freeze.

As in cultural social levels, upper class mother, taken, paid wet-nurse, middle class other milks, and lower-class breastfeeding application.

The relation on love concept is lower, than another cultural configuration.

There are reactions, the infant and even mother not so close, feeling is like mother role making or stepfamily feelings. Therefore, skin to skin contact advised for performing the relation, even not given the breast.

## **4) Education:**

Education, getting diplomas as the main reasoning.

When a medical physician: Primary school and secondary school=13 years, Medical Education as 6+5=11 years for proficiency, included. When started at 7 years of age, 31 years, limited for pregnancy. Therefore, assistant period be the exact time to have a baby.

If for academic continuing education, 5+6=11 years, so, second child be at assistant professor period.

If the culture is not in arranging during the education, then being a child is so hard, loss of education time or left the education.

As sharing the education time with mother, child being with reading, for me physiology for Associated Professor exam.

Mostly woman chief residents have no tolerance to being a child, so, at my duration, a woman gave birth, and wanted to be breastfeeding. Indicated "*she had right to go home, for two times, and at Neonatology could be aspirated her breast for mother's milk, by giving advice to the bottles, not plastic bags. If she would tell anything, we were going to arrange it.*" Thus, her husband is judge man, and because of before applications, they were ready to go Court. So,



nothing is happened in judge, thus, both has too much satisfaction and appreciative to me. This is not a Pediatrics' regulation; it is Neonatology Unit instruction.

So, making a regulation must be for the individual rights, at this aspect, for two, mother and infant.

**5) Managing Aspects; Religion/Government/Law:**

In general law consideration, there is a 3 hour for breastfeeding period. Mostly taken at noon, thus not be an obligation. If arranged it can be two times at 1,5hours. The mother home be near to the Hospital so, easily be go and feed and return.

We arranged three breast-pump: one in Intensive Care, one in outpatient and the third in the breastfeeding room. So, each person can use them.

If the medical staff not educated, trained, and have a certificate, it is hard to use the pump, for taken all the milk from the breast. If breast not emptied, the residue blocked to make new milk.

America only in 2014, let, give permission of breastfeeding in usual places, thus must arrange a special place for them. This indicates not allowed, so places are not suitable for feeding or changing diapers.

In medicine, breastfed mother be more in love, more understandable and more humanistic. Contribute to their life.

When in mother desire for breastfeeding, the unit, institution must be arranged, for comfortable and functional place.

**Marketing:** Industry Culture, has strict regulations, and taken money, as tax to the goods. Thus, people not wanted to pay, as in Acipayam Region, on Wednesday gathering together, and mostly making goods transferring, thus the governor, wants to get tax, so the marketplace, immediately diminished, and the buildings are useless now.

**6) Individual, as a personal factor:**

To have a baby is like an oppression to the family, so, the ratio of having child, at Agriculture 5,3, Industry 2,5, later after Neonatology Unit establishing, it dropped 1,4.

If the infant will be alive and growth and development be so sure to be, not much than two children.

Support of Breastfeeding maintained to reducing the ration of children.

Countries for general population, at least three children reinforced.

**7) Health and healthy concept:**

For breastfeeding process, the health of mother must consider, not for taken consent. This is verdict from the committee.

If there will be problems, breaking the breastfeeding is obvious.

If the manager, at Global Perspective, must give the breastfeeding, then all be in oppression manner.

Eutenasia is routine application, so, get ready for financial support, by warranties done before.

**8) Technology, considering and using the technology:**

Institution regulation taken as the cultural parameters and obeyed, if not lost the job.

Technology of Industry, if you are a worker, your new generation must be a worker to, officer children can be an office guy, so on.

Education and other social factors, like dictorial administration can change all concepts. Democracy application therefore being at selections.

In general, legitimate, sections are untouchable concepts. Division of the regulation; Parliament, Judge, administration in classical, by adding press, and universities so on.

For people like stars at the Hotels, the application, serving differentiated form income and social status.

### **High Technology, Computerization, Globalization Culture**

In Globalization World, not be a family structure, mother, and child, even father and child conditions. Togetherness being a legal concept, unless any force or obligation thus, not desired. Rejection of the child has legal fine, so, accepted thus, not together with.

Each person is unique rights, thus when a mother, extra rights is obligatory given.

When given money for having a baby, thus, hard to find a job, woman born a child, for getting the fee. This is satisfactory for living alone and with infant. Not required to marry. This will give a great advantage, not forced to have a job for income, infant be her salary.

To have such infant, especially at Mega Cities, mostly African Origin mothers, later Mexican. In Turkey, when the father died, and getting the family as a fee, later if married, canceled the payment, so together with, without legal marriage mostly encountered. Social togetherness, social marriage.

In Turkey mother and infant are from governmental protection. If any problems, they are in general houses for caring.

#### **1) Family:**

Leading factor is internet and TV. So, people are indicating aspects, not have Medical Application, thus, directly effective to the behavior or attitude of the individual.

professors, not specialist about the subject, like Cardiologist, talking about food, as if they are so harmful and leading to cancer, thus not any notation at FDA.

The indications are strict and as if the high knowledge, special from them, as indicating the truth. So, enemies and detrimental and making, giving afraid to universe is configured. They are like saver and helper.

Security information about breastfeeding: 1) In order to give low protein content of mother's milk, high protein formulas be the best, 2) By mother's milk, the mother is exploitation, abusing of the mother, 3) The shape of the mother is degenerated, breast lost the appearance, required esthetic rearrangement, 4) Mother and infant united by breastfeeding, so, infant is losing the independency lost the liberty.

These indications in general evaluation have no meanings, creation rejected, natural concepts denied.

So, physicians' role is hard to overcome, must be like a philosopher and explained about this unnatural factor.

Informed consent therefore has special meaning. Thus, this will be prepared especially by Ethical Committees so, be prepared in detailed conception.

The knowledges are not on grounding medical facts, medical science, just personal ideas.

#### **2) Cultural Sources, Art:**

Source directly from internet and media bases. Mostly not on reality, personal ideas, phobias, estimations, only personal findings, not at scientific discipline, not any statistics, only case estimations, mostly placebo effected aspects.

In my nutritional lesson, visiting a market; for milk, cow has about 3,3g/dL protein, Goat milk 5g/dL, concentrated milk have 26g/dL. Therefore, human milk as 1,5g/dL is low, why? Bread has 11g/dL, and peanut has 22g/dL, and designated let's advise them, instead of milk? Then they confirm, effective, efficient and eligibility, love, and humanity, happiness factor. Bioavailability from 100% to 15% not in comparative ratio. Thus, calorie at mother 67-

82Kal/dL, to cow's 40Kal/dL, directs, adaptation is necessary. As half diluted and adding sugar for calorie gaining.

Breast-feeding is not just a nutritional factor, for love, for humanity, altruistic and economic, immunity and factors, directly, from mother to infant given.

### 3) Environment:

Each person environment as Global, even Facebook has included more than 4,000 connections, so, if in a Twitter note, more than that. When indicating a notification, billions of people read and liked or making comments. For birthday celebration, thousand comments.

You can cancel person, if not want to continue the relation.

Environments are abstract.

In a communication meeting, we are 6 people, thus, with direct communication of phones, so, in total 47 person in correlation. So over borders, over Countries.

The personality about the environment be hard to stabile about this factor.

### 4) Education:

Textbook knowledge is not satisfactory, easily taken from internet.

Special detailed, applicative, and evaluative performance is the education. Certification is more efficient than diplomas. Knowledge continuously developed and advanced, so, not reached at the current one.

Innovative decision is preferable. As in example: By visiting a service, I said there is a Typhoid fever case. Not culture positive, thus first blood is positive, last stool. Fever is not regular, undulated. How? Apathic appearance, the smell of the farting. Special intestinal flora, and petrification, and not digestible food factors. The most distinguished one, that duration October, the canalization mixed with drinking, Tepic water, Typhoid fever epidemics mostly encountered.

Those evaluation is not from textbook knowledge, just a reasoning and grounding form other, rare observation.

For treatment, diluted yogurt an abundance cleared the microbes.

### 5) Managing Aspects; Religion/Government/Law:

Big Boss is the manager.

There are lot of standards, constructed from the Universal Committees. You must be on them and be follow the instructions, thus, not for the Big Boss. They have untouchable rights, immunity so, they can perform, accused to you.

For Right to Life, not required to take consent, just given information, thus, at this Culture, if the surviving have a benefit, then performed. The verdict depending on common sense, not at written law, personal rights. Juridical system obviously performed. When Caucasian police killed African American, not punished, the jury confirmed from white people. Military force education, training for killing people, as in Turkey, for defending, saving people. When passing from American Custom line, they informed me as training for killing people, I opposed, *Thus I am a physician, for saving people, our gun not fired to people.*"

Mot on truth knowledge, subjective decisions actively mentioned, as groups assumed that they have immunity, like press, university academic person, judge, police so on. They accused; the person tried to prove as innocent.

Cardiologist indicated as, olive oil is like a mother's milk, even prohibited to drink milk.

This is differing about the Countries.

In America, TV programmer, Prof. MD, Cardiovascular Surgeon Mehmet Oz, as noted his wife is TV producer, specified at one TV show, *the food additives were benefit, you can use it.* This notice made from the additive producer, even he was a MD. The probation judge, mentioned *"they can specify as may be benefit, so asked to your physician, not have benefit."* The producer, even a MD, not directed, the other expert doctor must inform, given knowledge.

Mehmet OZ, defending, “*all is true and right, not making any defending, ready for the fine.*”  
*As accepting the fact, only periods dismissed to make TV shows on Health.*

If you are speaking any against speech on Hamburger, you are going to pay million dollars fine. There must be medical science truth, not as subjective decision. Subjective ones be at penalty consideration, even indicated from dietician, metabolism profession.

Due to financial point, marketing, nothing concerning, grounding on medical research, on scientific aspects, if not proved be in penalty and in accusation, so, not being in local, at Globalization, the reaction being form foreign countries.

At time, for treatment of cancer, tea making with oleander noticed. In a TV program, the physician talked my patients healed to Pharmacology Professor, not indicate any research and medical evidence, only personal cases. We phoned to the Manger, Chief of the Cancer Unit, Oncology Center, as he said to us, “*all the patients are at medical treatment program, thus we have no idea whether using oleander, thus, on TV, all charged ad this healed us, but the reality is not.*” Subjective consideration is not signifying the reality.

So, lot of mother milk antagonist suggestions seen on internet, no one has a scientific parameter, even mentioned from person, not any profession on medicine.

Indications are making the mother’s milk as holly and idealistic, like idiolectic, so, forced mother for given it. This is not also ethical, consent is essential.

**Marketing:** High Technology Culture, internet the most common system, directly paid by chords, bank transferring, if not happy and not satisfied, returning is also in guaranties.

#### **6) Individual, as a personal factor:**

The notification of gender as woman rights so on, being making diversity and differentiation. Care and serve be, according to gaining, earning aspects, like pregnancy and breastfeeding. If you consider somehow a reasoning, it increased, plural, without any real one.

Duty, like for citizenship is abstract, so duty must have a grounding. Physician duty to a patient, ethical principles for medicine approved, thus this is not a duty meaning.

After a period, an individual most against this community culture, resist and counterattack about it. The indications are as “*liberty, freedom and unique individuality.*” Assuming the common sense as a chain to their legs.

Breastfeeding will not be a chain with infant, it must be a bond on humanity with her infant. So, perspective and comprehension primary important.

#### **7) Health and healthy concept:**

My Daughter made labour, gave birth in America. I first visited shop, for breastfeeding marketing, they looked the list, not delivered as answered. I said, *he is in his mother’s uterus.* Thus learned every labor mentioned to such markets. They showed 3 kinds of breast-pumps, for renting, thus, his friend gives it free to my daughter.

If I asked supplements, they said directly, ask to physician and we will give you later on, even bringing to your home. In Turkey they want to sell, thus, in this Country penalties are in the rule.

There are lot of suggestions, in general placebo effect, not proved, only subjective manner. In Turkey, 1954, the claim, charge, even not any accusation performed, any meanings, required prove, if not counter judge for lie is happened in law. Thus, at this cultural structure, if you have a power at the community, you are going to judge, others said, they have the right to tell, even it is not on reality. Answer the accusation mostly mentioned.

If someone, even a medical professor said in TV, please eat water-leman in place of mother's milk, thus how can you respond such idiot mentioning.

#### **8) Technology; considering and using the technology:**

Multimedia, even by phone and other concepts, forced to people as perfect and extraordinary situations. Thus, perfection is not a reached point. Direct internet search can give more information than at a conference.

In a conference about Mentor warnings. The speaker looked I was searching at the phone, and stopped, and shown as: *"When we were in education, together with, even at teacher given a lesson, he directly opposed and specified the righteous one, directly form the internet exploration. He would designate and I would be going on."* Thus, I directed *"You must indicate Coach systematic and at Mentorship, in medicine education, if any harmful attempt, directly be stopped not allowed to perform, at Mentorship education."*

As in this method, High Technology continuously develops, advanced, so the students be even making great contributor to the teacher. As I mostly finished the lesson, last word, *"anyone who is going to contribute?"*

Book lectures are insufficient at the education.

Not learning the information, knowledge, evaluation, discussion, and contribution is important. Therefore, I mostly showed the opposite as the truth, for making **"Brain Storming"** methods as on application.

#### **Civil Liberties, Right of Each Person, Human Rights Culture**

Each Human being as a Homo sapiens, sapiens genus, from one mother, RNA indicates that, all of them children of this woman. Covid also improves this fact, from one woman at China, distributed to the World.

But in physically, in mentally and socially same, thus unique, and sole character. Independent at their action. Relation be as brotherhood, not diversity or discriminancy between them.

The life is short, so the time duration, as life, living period, by working and establishing the values and being at and in love is the aiming to be. Breastfeeding is the first stage or learning humanity, unselfish and forgiveness representation.

There are no discriminancy between male and female, thus, for new generation being together is obvious, only united with love, not as gender meaning, as humanity concepts. Eve and Adam discharged the Heaven from encountered the gender, so shying and also want to immortal life. So, in community if the communication mixed gender, so the conversation terminated. Continuing for living together, only by binding humanity love and respect, only by consent, if any pressure divorced family obviously expected.

There are lot of knowledge transferring from internet, as more, hazardous factors of breast feeding, even for advantage suggestions be frightened the mother. Even medical physicians, taken the knowledge as if informing, degenerated the science concept, to science fiction. Placebo has not statistically proved effect, only personal friendliness. Medical reality be upon the case, the person, so over an under estimations are not the science verdict. Only harm can note as not to do, others must modify and be at benefit level, like drugs.

Breastfeeding is not only once, so for 6 months, being with the mother, the duty of a physician and medical team. Phone is an honest communication way, so 24 hours/7 days be connection required.

I myself made bath, and wash, my friends' children, now they have children too. In general, Medical Education, application to baby dolls, breastfeeding models performed. Male is the best for performing model. Also, cleaning, washing and medication to umbilical cord, so on. Even baby stool discharging is important, thus, smells so bad.

Not direct describes or informed, look, examine the conditions, and find solutions, an innovative state for solving.

Most gift given to a physician is healthy infant, thus that mother performed.

### 1) Family:

Each person as meaning a family, core families, father, mother, and children, at this concept, father and child, mother, and child as a family.

The Rights of a Person, as in 1924 Turkish Constitution<sup>13</sup>, Article 68. “*Each civil person, born free and live free. Freedom not making any harm to other person, can perform whatever they wanted to do. The limit of their rights, at the other person rights margin. This limitation, line, edge be performed by law*” directed. If it is not a crime, and harmful effects, each individual be free to do, anything that wishes. As noted, one rights be upon other person consent, as infant be and mother be in combination, one side of the action.

Breastfeeding an individual rights, so, not be as force to perform, consent and individual mother wishes is essential.

### 2) Cultural Sources, Art:

Cultural Sources are not knowledge based and informative one, be on art and individual desired and enjoyed, adored ones.

Civil Liberties and save, protect the individual Rights, form institutes, government, and other managing aspects, as natural, without demanding. This is European Council first two warnings. Hight Technology makes orders and press, as you must perform the breast feeding. Thus, at Civil liberties Culture upon demand and by consent.

Individual applications must have specifications, thus be an artistic perspective. So, innovative design and new creation done.

International Human Rights Declaration and Agreement not the first, at Nurnberg Codes, after the Second World War, as designates the individual Rights. Thus, at 622AC Medina Agreement also noticed the individual Rights, as the Quran 109/6 verse, “*each person believe is for themselves, your is for yourself*”, each person must take their responsibility. Religion has not any forceful and obligation aspects, only advice given, information making aspects.

For protection and serving the peace, arm and defending for this concept, not for aggressive manner, main reasoning and grounding is the individual Rights.

Breastfeeding is an individual Right, with two sides, mother, and infant, so infant must be adapted and accepted, other be at demanding and wishes, given consent. Not any pressure, only advices. This must not take as conflict, given and refused, not any right at the medical staff at this point, only information given and teaching learning the process.

### 3) Environment:

The specification of an environment is comfort based, thus be from individual perspective.

Each person has special environment. Computer and phone be the only one with them. Isolate at the island be a place for happiness. As for reaching Nirvana, such places are desired.

Mother and infant is a special environment, all for one, one for all conditioning. So, the other arrangements, as food and other needs given from other person, father, or even governmental facilities. Medical procedures without desires, instinctively achieved.

The main desired condition free time for thinking, decision, making conclusions and judgement about individual facts. So, each person is going to be a philosopher, artist, writer, so on.

The meaning of each person is independent, unique, and sole, united by brotherhood concepts be in reality.

Breastfeeding is not only a habitual action, but also more sophisticated, a personal philosophical concept, a humanity action, so, the infant must take it, be in happiness. Breastfeeding, as from mother constructing to make a value, an art of love.

#### **4) Education:**

Each learning must have a reason. So much knowledge, why to learn them? An advantage, a benefit to have this information. It must not as write one, be a humanistic relation and love affects.

Most people given information on TV, as a professor, thus, when noticed, not any performance, just knowledge. If you taste the pine and flower honey and discriminate it with eyes closed, then you can specify about the taste. Not signify the wine as white, red, or pale, it means you are destroying the wine taster role. If not cleaned the infant stool, and washing them, so, not given any knowledge about it. Internet knowledge full of diversity, so if you cannot identify, not make any comment.

At the internet knowledge: A prune seed extract designated as treated to cancer in general. So, the experiment performed in Japan, and the famous person treated. The reality, a clinic established in 1926 and closed not any treated person, in 1928, the Japan Firms for experiment of mechanics after 1945, the famous person is softball player, in 1938. So, taken names and mixing without any relation.

Teaching in Mentor style, not as Coach formation. Respect of love is the concepts to noticed in every manner.

Placebo information did not indicate the reality, subjective ones not as scientific truth.

If not any harm, they can do, thus not for aim of treatment.

#### **5) Managing Aspects; Religion/Government/Law:**

Managing directly at person, even family has less effect, only can give contribution, advice. Civil Liberties are the main aspect, protected from government, institutions and other forces are the legal consideration. Only informed consent be as the factor to done.

There are lot of information from internet, thus, this not so influenced the people, considered them only knowledge, not being exact and true, only be reality at that conditional state.

As an example: At Rotational Capital Payments, they said, as I (Author) taken 40,000TL, thus, they were 200TL. There were discussions, what is the truth? In other culture, not learn and all are secret. Thus, for individual rights, there must be a balancing factor. So, they are questioning whether this is true or adverse manner. As a manager of the Intensive Care Unit of Neonatology, monthly 40,000TL, to the chief, only 400TL. If seen the original payment, this leads a great glue for getting together.

The Human Rights must be grounding to law, the administrative or manager decision is at Industry Culture, not at Civil Liberties Culture.

Not making difference, perceiving the cultural concepts, so peace is the main result.

**Marketing:** On Civil Liberties Culture, the main concept at the contemplation, and content, pleased about the product, the border is the World, so, several varied materials are in sale.

#### **6) Individual, as a personal factor:**

Each person is aiming to learn themselves, their capacity and performance. Education not in general, for focused aspects, subjects.

Reasoning and grounding interrogations is routine application. Each person believe is therefore unique and sole, from creational state, thus, specific, and exclusive.

The culture structure is depending on the person, so individual reactions be obvious.

Reactions noted and not be assuming as anergic one. As an example, at Rotation Capital of the University managing, the income was so low and the amount for each person be about 15TL. Therefore, for each person, low amounts increased by 50TL, combination to 65TL. When representing the exact total and financial points, they were so satisfied.



As the payment of breastfeeding taken in notice. Thus, mostly government and institution paid extra during the period of breastfeeding.

When breast pump needed, not only one, at least 3 pumps, for each Neonatology concepts taken in consideration have used them.

#### **7) Health and healthy concept:**

The health, as focused form individual perspective, not at common, society and other standpoint. Each person is unique, sole, and independent, and free in every manner. So not connected as community diseases, not also informed, be in secure, keeping as secret. Each hint, at Whatsup, Facebook only by themselves, even not notification of their children, below 18 years of age. Even not be using children's photos from family pictures.

In Neonatology Unit, the arrangement at before delivery, education and information and gaining practice as routine procedures. The mother and later the father and family decisions must obtain, the perception of medical staff, physician and Neonatology consultation be all constructed form the mother wishes, desires. If a handy pump is essential, not for this mother, arranged for all mothers, so, it will be useful.

The relation between the mother and medical staff, not only on medical procedures, as a friendship, thus brotherhood is the fact of the reality.

Technology must be for individual happiness, so, arrangement performed, innovations done, according to a single parent and infant. As one glass injector is reusable, and for sterilization 13Tira is spending, thus as average 4 times used, broken, and degeneration, not fit the piston. Plastic syringe be for 1,5Tliras, as included the needle. Even safe for hepatitis, rather than glass ones. Also written on personal expenses, so, taken the money form the government, and from Health warranties performed firms.

Free of charge be at least 10%, thus by such expenses, it will be lower below 7%.

Comfort areas, as home design done, at mother's room, for home comfort when breastfeeding. Thus, plant as natural be harmful, carrying microbes, so only plastic ones used at the decoration.

After discharge, feeding rooms be prepared, for breast-pumping and also advising and practice given and for solutions of the problems. As outpatient and inpatient conditional facts. The manager be medical staff, certified for breastfeeding facilities.

#### **8) Technology, considering and using the technology:**

You are buying a new dress, not only you like it, and economically suitable one, it must fit to your body, as in community conditional state.

To have a baby, first mother taken as a human and love aspect, not be an obligatory factor or for new generation. In such World, lot of people presented, all are not at humanity, not in peace, not working for value production, so, why to have a baby?

Today the social classes dismissed, thus, what will be the infant situation? Can live in love and respectful and in humanity, at peace? Being same as today personal aspects? Being a copy of non-love and respect person?

Treatment means unsuccessful for health situation, as medially not in active state. First line be keeping healthy and growth, development be on ethical principles. Later in controlling and follow the health status, advice, and warnings.

Even at the diseased condition, outpatient, bedding, intensive care; primary, secondary, and tertiary as intensive care unit, A and B. So, technology be according to the case, patient, so staging is important, and from home medical connection performed.

So, each application be according to the people, later to the community, Right to Life started from individually.

Fee, as at other cultures, people must pay it, thus at Civil Liberties, government must arrange, thus, to be ill, the responsibility to administration. Thus, in America, 12,000thousand dollars for Intensive Care Unit, daily estimation, except the medication expenses. Who can pay it, means euthanasia be in choice of the people or family? How can you pay it, so you are going to accept the euthanasia?

To ethical principle: there must be a case, patient, not the disease, treat the person, not the disease. This is form Hippocrates philosophy.

Economy not focused on cheap, must; 1) Effective, 2) Efficient, 3) Eligibility, ca found and used, 4) Performing happiness, by quality and ethical acceptable one. *Customer Happiness* is the core of the Economy. This means individual perception. Statistics on such notification. Returning and the reasoning is most important than to for sale and buying.

Breastfeeding is a special economic positioning, in America each new generation, new infant, birth, informed such offices, so, they are managing to give breast-pumps. Satisfactory breastfeeding reduced incidentals, so family and country budget be safer at expenses.

For individual Rights, each mother and each infant has right to give and take the mother's milk, not as rule of oppression, as demanding and by consent, freely, individually performed. All the facilities obtained directly without any demand.

## Neonatology Concept

At birth, the weakest moment of a Human being. Even all Mammalians are at such danger. During the pregnancy it is under protection of Mother Uterus. This is a stage under water conditioning, after birth it is a grounding physiology established. Normal pressure for ventilation is 2-5cmWater, thus for opening alveoli requires 60-70cmwater pressure, established by crying. The hormones passed from umbilical cord is so important.

After born, for healthy status, mother's milk is obligatory, especially the colostrum is primary important. For animals not taken colostrum, can hard to live.

Breastfeeding is not only a nutritional concept, as physiological, contemplation, love and being a humanity consideration directly given or producing from mother and infant. Even for effective metabolic consideration, love, as skin to skin contact is most important, especially at preterm infants. Easily the milk production, excretion, and pain reduction are the primary important.

Later the infant feels comfort, adapted, and sucked, especially for oxytocin production, before going to sleep for delivery stress. Nearly going to sleep, so, not missed, after going to sleep, the reflex is depressed, asphyxia be a problem, induced. After awaking, second activity period, starting the feeding, as a beginning, so under controlling of professionals. Later the mother be performing the breastfeeding.

**All religions supported breastfeeding.** religious concepts indicated as against the breastfeeding; thus, all are personal view, not grounding and reasoning as religion and scientific evidence.

In Islam, like Christianity, not a religious people, just being an educator, teacher. Each person can perform the praying, if have a practice, thus perform for 5 times a day. As in legitimate, written law designated the harm, not any evaluation, comparison, evidence-based proof, not any hesitations and custom, common sense, being direct and exact. Other decisions be personal, not considered as obligation or crime. So, even in 622AC Medina Agreement and Quran indications (109/6), each one free for believe, not considering, asking and discussion allowed.

So, notification about the conflicting, opposing, against breastfeeding has no relation of the religion.

**Factors as indicated in Quran:**

- **All prophets are advisers and heralding, evangel; they advised breastfeeding:** In Quran verse 2/213: *“People are in one clan, later specified prophets and warning to them. Thus, the conflict about them solved from the written Books. Although the obvious evidence, proof given, they are at quarrel between them. Later current information specified, thus the person who at humanity, ethical perspective be reach the goodness “*. This indicates as, there is not any holly or leading person, just information given, guiding and advisers will be.  
In Medicine Science, the application is not at rules, being adapted and evaluated to the case. Physician acts on ethical consideration, primum non nocere, thus later be for benefit performing.
- **Given an information, guidance, before performing and for wonder noticed, as breastfeeding:** In Quran verse 4/165: *“Gospel, warning people, as also prophet, as an indication of not any information given to people “*. Informed consent is the factor, first given the information, later required the consent. So, breastfeeding be as the same concept. Information not for reducing hope, find special and unique solution to the infant.
- **There will be no other grounding and reasoning, other ethical consideration, after good news, warning and guidance given, as breastfeeding guided:** In Quran verse 5/19: *“This book is given you clear and open explanations, so, you cannot designate as, we have no information, guiding parameters, so, these are the warnings “*. Information and consent, be on ethical and beneficence, not harm and not leading cruel act.  
There will be problems, not as reasoning for stopping or making brake of the breast-feeding, being a solution noticed to help, mother and infant.
- **The meaning of Quran is advising, information, not order or comment, so signifying for agreed breastfeeding:** In Quran verse 6/93: *“The is the written indications for warning the civilization, as a proven to the before ones, as a creational fact is stricter time period, so they are working for making values “*. As the mentioned factors, not as forced and obligational status, be advisable one, as breastfeeding.  
Most people taken as an order, thus, not an order, just be representative of happy conclusion, so, trying to find a specific solution.
- **Prophets are not directed they know the unknown one, the future also, just be an advisers and decent news given:** In Quran verse 7/188: *“I cannot even to myself any advantage, and even making harm, if know the future, surely be productive for beauty and benefit. Not any harm done to me. For the believers, I am happy given and warning one.* *“This is directly indicated that, each person must take their responsibility, no one can be taken, and no one be help to others, for future, thus, not known.*  
As breastfeeding is only an advised application, so evaluated individually even by mother and physician.
- **Not demanding anything from me, prophets are only warning, advisory, given information person:** In Quran verse 46/9: *“As indicated, Prophet is not specific created ones, thus I have no idea what will be performing to you, thus only specified the written verses.* *“In science, the natural laws be adapted the case. The feather and stone effected at the same gravity, one be by wind flying, other drops.*  
As in Medical Practice, 2 and 2 does not confirm as four, so the individual differences be at the functional acts. Breastfeeding is yes, thus, how, when, and so, not sure.
- **Prophets are advisers, given upright, decent-news Human being:** In Quran verse 48/8: *“This is the reality, as a person, you are the witness, as Human being, and the person given,*

*happiness and warnings as an individual.* “Teacher in general educate and trained, thus the application be from the person. So, desire, wanting and admitting is important. As breastfeeding indicated, thus the application be as a professionally learning.

- **Prophets are at the creational perspective, not be against and opposing about their aspects:** In Quran verse 51/50, 51: “*Thus be on the creation, it is the warning to be at natural law. Not any one in replace of the creator, all prophets are the warning for being on creation.*” Even magicians being directly on science, thus have a hint. So, given mother’s milk as breastfeeding is best application according to the creation.
- **Prophets are only warning people:** In Quran verse 67/26: “*Natural law, being form creation, thus prophet be only clearly warning person.*” This shows as every person be as natural and same as in action. So, not be a Superman functioning. So, we must consider ourselves as every person being same as others. Breastfeeding as for the specific, sole infant of the mother, be clearly an individual effort required.
- **All prophets are advisers and heralding:** In Quran verse 69/48: “*This is a warning, who cares and taken the notification, taken the precautions.*” You can only induce the person who is listening, information be as who taken the warnings. You can indicate and help, support, educate, trained breastfeeding, thus, not making any oppression, consent be essential. If the mother taken the consideration, and individually be demanding for breastfeeding, by sure at mind and heart.
- **When examined and mind is using, then the Quran notifications be obvious:** In Quran verse 71/2: “*Indicated to the common, sure, prophet is as such warner.*” Religion like Natural Laws, be a warning of the situation, thus being on it is essential. Breastfeeding is a natural and creational one, but application needed help and career.
- **Warning not taken as order or rule, thought, adapted to the individual and situational conditions:** In Quran verse 88/21: “*Now think, making decision for thoughts, thus the prophet will be the person who is warning, and decision given by Quran.*” Nothing being in consideration as an order, or rule. Crime is a law indication for no to do, not any saving or protection. Breastfeeding is not a rule, just an advised procedure, doubled benefit, mother, and infant.

Individual decision be varying, so not be a condition of accusation. Quran given direct advisable situation at breastfeeding, thus also indicate about the consent. This is not a religious order, just advice.

Breastfeeding is a creational status, natural and as a Mammalian fact. So, when being a close and be at natural, creational method, breastfeeding is usual act. The team, first be at humanity, be in love, so be at helping the mother for breastfeeding.

**COMMENT:** Oppression, pressure, or other cruel act, without any consent, cannot find a place in religion. Even the responsibility belongs to individual. No one, even any religion person, or custom or any consideration taken, sharing the crime. At the Turkish Constitution, Article 137, designated as, if any harm, not performed, even any order about it. Breastfeeding is an advisable and supported act, specified at Quran, so, other considerations just be listened, not as true aspect.

## Conclusion

For establishing communication, understanding the fact, known symbols used. Breastfeeding will be the alturistik, most humanity indication for the people. There is not any replaceable one,

so this factor forced mother, so if any problem established, directly accused herself, and be going to ineffective position.

To have a child factor influenced. 1) In community for population increase, birth supported even by government, 2) Marriage meaning as to have a child, 3) For making new generation, continuing the genetic codes, 4) As a suggestion of Love, being a baby, 5) Mother means to have a child as a sign. Those concepts, forced, making an oppression to the people, so, not a child, as a compulsion, duty to have a baby. This leads reduction the ratio of breastfeeding.

From Author concept, to have a baby, is meaning of a love and humanity in realization. Thus, the growth and development be individual specifications at liberty consideration. As they demand water from us, even want to change the TV channel from us, not by themselves. Not under any comment, thus contribute even to each discussion. After an idea matured at talking, the last outline let for the children, even 4-6 years of age. Being preparing to a member of the community, not as soldier, be free, free in mind, free in decision, free in behaviour.

As seen our granddaughter at the park in playing, the mother and father, my children, not making any order, as any restriction, thus played together with. Other parents continuously signify as *no, don't do, no don't touch*, as if the children are listening.

The point not only at breastfeeding, love, and creational concept, as a rights of the infants, as done at kindness and by dearest affairs.

Warning in Turkish Dictionary; as a meaning, given information, and notification and taken int attention, indicating the benefit and if any harm facts. For breastfeeding if not being in practice, not so effective, so, at the first day is important and mostly the mother requires somehow any help.

Even in Quran 2/6 verse “*This is the reality that, when a person resists and not accepted, warning has no meaning for them*”. At the conversation, first the listening and taken what designated. If closed eyes and ears, how can you make a relation? Demanding must come from the mother. Physician can only be at Medical Science reasoning and helping for practice.

In community consideration, breastfeeding or given formula-based foods, be such a contraction and not only at discussion, being a physical conflict. Let the mother desired. The duration at least 6 months, requires great motivation. Not taken as success or failed.

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